

# Big Fourth 5K



**Tuesday July 4th, 2023 9:00 am**

**Basketball Hall of Fame, West Columbus Ave, Springfield, MA**

**Details** Race Shirts for the first 200 pre-registered runners.  
Post-race food and refreshments.

**Prizes** Top 3 Males and Females Overall  
Top 2 in Age Groups: 19-29, 30-39, 40-49, 50-59, 60-69, 70 & Over  
Students 17 & Under not eligible for cash or merchandise prizes

**Registration**

Adults \$25, Students 17 & Under \$20 *(Students not eligible for cash prizes)*  
Online Reg open thru June 30<sup>th</sup> - <https://runsignup.com/Race/MA/Springfield/45thAnnualSpringfieldsBigFourth5K>  
or at Fast Feet 231 Elm St, West Springfield & 26 Elm St, Westfield (West Springfield Store only after June 30<sup>th</sup>)  
Race Day registration opens at 8am – Adults \$30, Students 17 & Under \$20

**Early Bib & T-shirt Pickup – Friday thru Monday, June 30<sup>th</sup> - July 3 - West Springfield store only.**

**Course Record Holders** Kevin Johnson (GSH) 15:11 2011 Carolyn Stocker (GSH) 17:38 2011

Please feel free to call [Iwonamboruch@yahoo.com](mailto:Iwonamboruch@yahoo.com)

**Make checks payable: “Greater Springfield Harriers”**

Mail or drop off to our Fast Feet Store - 231 Elm St, West Springfield, MA 01089  
( mail must be received no later than June 26<sup>th</sup> )

First:                  Last:

Address:

City:   State:   Zip:

Birth Date:   /   /   Age on Race Day:   Gender: M  F

USATF Club: \_\_\_\_\_

Shirt Size: X-Small  Small  Medium  Large  XL

In consideration of being accepted as an entrant in this race, I hereby, for myself, heirs, executors, and administrators, waive and release the Greater Springfield Harriers, the race committee, all sponsors and their representatives and employees for any and all injuries or damages that may occur to me while competing in or traveling to or from the event described in this entry application. I certify that I have properly trained for, and to the best of my knowledge, am physically fit for this event. I also realize that refusal to sign this waiver indicates that I will not be participating in the event and should not be considered an official entrant.

Signature (Parent or Guardian if under 18): \_\_\_\_\_ Date: \_\_\_\_\_